

Essential **COMFORT CALM**

60-90 mins

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Apply **COLOSTRUM SERUM** and treat each focus area(s) with the sonophoresis probe (SONO only) for the required time (15 sec per position), before massaging any remaining serum into the skin
7. Apply **TREATMENT GEL** to the entire face and neck
8. Apply the **ALGINATE MASQUE/HAIZE GAUZE** with **CONDUCTIVE GEL** to do field iontophoresis ⊖ for 20 minutes
9. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
10. Remove the **ALGINATE MASQUE/HAIZE GAUZE** and massage any remaining serum into the skin
11. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
12. Discuss the at home and professional treatment plan



ENVIRON

a beautiful skin for a lifetime